



# Set up your account. It's easier than you think.

#### You're only minutes away from better health management.

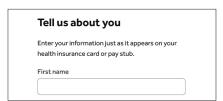
Be on your way to living healthier in just a few simple steps. Visit TeladocHealth.com/Smile/MICATHOLIC and click "Join now" to get started.

Need help getting started? Call us to walk through it together: 800-835-2362 (TTY: 1-855-636-1578) 24 hours a day, 7 days a week and use your registration code: **MICATHOLIC** 



### Getting to know you

Tell us your name, date of birth and ZIP code. Click "Next" to add your email and create a password.





#### Checking your coverage

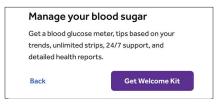
Enter your registration code (we'll help if you don't know it) and insurance info so we can check your coverage and get you signed up at no cost to you. Call us if you need help, and we'll walk through it together!





#### Learning about your goals and getting started

This is where you'll tell us how we can help. Enter your info so we can pair you with the right health management program. Tap "Get Welcome Kit" to continue.



You're almost there... just two more steps!



#### Shipping your Welcome Kit

Tell us where to send your Welcome Kit. You'll receive it within 3-5 business days.





#### Finishing up

Explore the Teladoc Health web portal to find healthy strategies and proven tools for getting healthier. Need help finding what's best for you? We're just a call away.



## Discover a healthier future today

Call toll-free 800-835-2362 (TTY: 1-855-636-1578) 24 hours a day, 7 days a week

and use your registration code: MICATHOLIC Visit TeladocHealth.com/Smile/MICATHOLIC

https://www.teladochealth.com/legal/privacy-policy/ https://www.teladochealth.com/legal/legal-disclaimer/

Las comunicaciones del programa Teladoc Health están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al 800-835-2362 o visite TeladocHealth.com/Bienvenido/MICATHOLIC

The program is offered at no cost to participants with diabetes and coverage through the MCC Health plan.

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